

Save the Date:

Tuesday, April 3rd Team Captain Packet Pick-Up

If you are planning on picking up your teammates rider packets-be sure that they have at least meet their minimum pledge.

Fundraising Coordinator Trainings for 2018

What to get inspired and motivated?! Have your Fundraising Coordinator attend one of trainings to learn best practices and creative fundraising ideas:

February 2 @ Café Express, Uptown Park (1101 Uptown Park Blvd. #12) 7:00am – 8:30am

<http://txhmain.nationalmssociety.org/site/Calendar?id=365008&view=Detail>

February 7 @ Baker Hostetler (811 Main St. #1100) 11:30am – 1:00pm

<http://txhmain.nationalmssociety.org/site/Calendar?id=365009&view=Detail>

February 8 @ Hungry's Bar & Lounge, West Side (14714 Memorial Dr.) 11:30am – 1:00pm

<http://txhmain.nationalmssociety.org/site/Calendar?id=365010&view=Detail>

Formal invite & RSVP link will be emailed directly to Fundraising Coordinators by Jan 18. Make sure we have your Fundraising Coordinators' name & email

****Must attend at least one training to be considered for Mission Possible & other fundraising awards***

Sponsorship Opportunities

We need a lunch sponsor on Day one!

Our corporate sponsors are changing the world for people affected by MS. By supporting the BP MS 150 through cash or in-kind donations, corporate sponsors allow us to direct more dollars to help all individuals affected by MS.

We welcome the opportunity to develop new corporate partnerships for the BP MS 150. In return for your generosity, your organization will receive a wide range of benefits. Please [contact us](#) to learn more.

Group Riding Skills Courses

The Group Riding Skills Courses are designed to teach you the principles of group riding so you can safely enjoy riding in the BP MS 150 and other group rides.

[Group Riding Skills Course information and Course Dates](#)

New Rider Orientations

Do your new teammates have questions about the BP MS 150?

Please join us for a New Rider Orientation for an overview of the BP MS 150. We will provide information about training tips, nutrition, hydration, fundraising and what to expect during your first ride from Houston to Austin.

If you have any questions regarding our new rider orientation, reach out to us at bpms150@nmss.org

Space is limited, so please RSVP if you would like to attend.

[List of New Rider Orientations and RSVP links](#)

Teams Accepting Riders

If your team is open to accepting new riders to the team, please let us know and any requirements that are needed to join the team. This is a great way to grow the team and build lasting friendships. Teams that have 10 or more participants are an official BP MS 150 team and can qualify for awards and other prizes.

Discount Code

Share the code **TeamUP** to save 15% off the current registration fee (\$100) to recruit your friends, family, coworkers and neighbors to your team today!

Remember, virtual riders can join your team for free and create just as big of an impact on your team fundraising.

Order Forms and Other Resources

Click on the links below for tent forms, jersey orders and other needed resources.

[Team Captain Resources](#)

[Team Tents](#)

[Team Vendors](#)

Time to Train

The weather is cooling down and the holidays are just around the corner. Time to get back on the bike and plan your training schedule. Check out the [Training Resources](#) on our website. Mark your calendar to attend these Recommended Rides in January: [Bike the Bend for Literacy in Fort Bend](#) on January 7 and Bike Through the Forest in Coldspring on January 20. Check out these other training ride series in the Houston area:

[Ready2Roll](#) Cycling



[Energy Rider Series](#)



Research News

MS research has never been at a more pivotal moment in time. Significant progress is being made and breakthrough solutions can change the world for everyone with MS. We've come so far. [Check out our latest research news](#) and keep recruiting. Every rider counts.

2018 New Year-New Finish Line

The 2018 BP MS 150 will finish at Circuit of The Americas (COTA) outside of downtown Austin. Located outside of downtown Austin, Circuit of The Americas has hosted some of the largest names and events in racing, action sports and music since 2012. Due to development of the Texas Capitol Complex, we are unable to finish the ride in downtown Austin.

Where we end the BP MS 150 is only one stop along our way to the ultimate finish line: a world free of MS. We are committed to giving cyclists, volunteers and supporters the incredible experience they've come to know and love, and look forward to continuing the great Houston to Austin tradition!

Stay Warm,
Lisa, Justin, Karla & Nancy