



trent | my MS story

diagnosed 2013

My name is Trent and I was diagnosed with multiple sclerosis in 2013 at the age of 15. I first noticed tingling in my feet, which progressed up my legs. First we thought it was a pinched nerve from football, but it continued to progress upward and my legs became numb. I began feeling weak and tired, and I couldn't make it up the stairs at school. We went to the Emergency Room at Texas Children's Hospital, and after several tests the doctors came in with the news that I have multiple sclerosis.

What I remember most about that day is my mom walking out of the room crying, thinking I didn't see or hear her. I also remember telling my family, "We have figured out what is wrong with me. Now let's figure out how to fight it."

I have learned that life can change in an instant and you must treasure every moment. Football is harder to work around now that I have MS. Since heat can trigger an exacerbation or relapse with my MS, I wear a cooling vest while playing football to help keep my body temperature down. With sports, I know that if I really want it I have to give it all I've got and not let MS hold me back. Staying positive and keeping your head up is my advice if you or a loved one has recently been diagnosed. Trying to live my life as a normal teen as much as possible is my goal.

My family and friends raise money each year for Walk MS. My dad and I hold an annual fishing tournament fundraiser, which is a lot of fun. This year we raised over \$43,000! I spend time raising money for MS because I want a cure for all individuals living with this disease.

The MS Society has given me hope for my future because of all they do to support people with MS.
Thanks for joining me to raise money and find a cure for MS!



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